TERM 4 2025 (16 JUNE - 9 AUGUST)

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Glitterati	Saucy	Glitterati	Saucy	Glitterati	Saucy	Glitterati	Saucy	Glitterati	Saucy	Glitterati	Saucy
										TRICKS TECHNIQUE (1:00-2:00pm) Michelle	
											SLAP **[4 Weeks - Starting 21 June]** (3:00-4:00pm) Stardust
Practice (5-7pm)		Practice (5-7pm)		Practice (5-7pm)		Practice (5-7pm)		Practice (5-10pm)		Practice (1-5pm)	
	POLE PILATES **[4 Weeks - Starting 14 July]** (7:30-8:30pm) Quynh	HIGH ADVANCE (7:30-8:30pm) Maple/Quynh		FLOORSTRIP (7:30-8:30pm) Stardust	LITT (7:30-8:30pm) Maple	SEXY HEELS **[4 Weeks - Starting 10 July]** (7:30-8:30pm) Quynh	INTER 1 (7:30-8:30pm) Maple				
APG (8:00-9:00pm) Stardust		INTER 2 (8:00-9:00pm) Michelle		EXO SWAG (8:30-9:30pm) Maple		POLE GROOVES (8:30-9:30pm) Michelle					
Glitterati	Saucy	Glitterati	Saucy	Glitterati	Saucy	Glitterati	Saucy	Glitterati	Saucy	Glitterati	Saucy
Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	